

ACROSS THE FLOOR BIG IDEAS

COORDINATION & TRANSITIONS

FOCUS ON CONNECTING MOVEMENTS SMOOTHLY SO EACH STEP FLOWS NATURALLY INTO THE NEXT.

MUSICALITY

LET THE MUSIC GUIDE YOUR TIMING, ACCENTS, AND ENERGY TO MAKE MOVEMENT FEEL ALIVE.

SPATIAL AWARENESS

USE THE ENTIRE FLOOR WITH CONFIDENCE, STAYING AWARE OF DIRECTION, SPACING, AND OTHERS AROUND YOU.

PERFORMANCE QUALITY

BRING EXPRESSION AND INTENTION TO EVERY STEP SO YOUR DANCING TELLS A STORY.

ENDURANCE & DYNAMICS

MAINTAIN STRONG ENERGY FROM START TO FINISH AND REPEAT COMBOS FROM WEEK TO WEEK SO YOUR DANCERS CAN BUILD THAT ENDURANCE OVE

PLAYLIST INSPIRATION

**COPY AND PASTE THESE INTO YOUTUBE SEARCH TO HELP YOU
CREATE A DYNAMIC AND EXCITING PLAYLIST**

ASEDA – KWAME

SLOPE – CORTO.ALTO

MOLAGO (FEAT. DANAY SUAREZ) – THE BAHAMA

SOUL CLUB

HUMAN LOSS AND GAIN (CLUB DES BELUGAS REMIX
FEAT. BAJKA) – CLUB DES BELUGAS & RADIO UTOPIA

THE TIME IS NOW – MOLOKO

SOMETHING BIG AND ENDLESS – CLUB DES
BELUGAS

AIRMAIL SPECIAL (CLUB DES BELUGAS REMIX) –

CLUB DES BELUGAS & ELLA FITZGERALD

HABANA TWIST – CLUB DES BELUGAS

CABRIOLET TOUR – CLUB DES BELUGAS

XOXOXO – CORTO.ALTO

LARA – CORTO.ALTO